

# ZERO BELLY DIET BY DAVID ZINCZENKO DIGEST

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so it could be so perfect for both your entire life and you. "I suspect," Tom said, "that any job you set your mind to, you'd be as good as you are at teeth." A blood test might prove that Junior was the father. Accusations might sooner or later be made against him by bitter and hate-filled members of her family, perhaps not even with the hope of sending him to prison, but solely for the purpose of getting their hands on a sizable part of his fortune, in the form of child support..In January 1965, Magusson had sent Cain to Nolly as a client, not sure why the creep needed a private detective. That had turned out to be the business about Seraphim White's baby. Simon's warning to be careful of Enoch Cain had helped to shape Nolly's decision to withhold the information about the child's placement..Hound meant well in sending the young man to Samory, but he did not understand the quality of Otter's will. Nor did Otter himself. He was too used to obeying others to see that in fact he had always followed his own bent, and too young to believe that anything he did could kill him..To become a physical therapist, Junior had taken more than massage classes, so he knew what hematemesis meant. Hematemesis: vomiting of blood..The fire department. The firemen could come without sirens, quietly with their ladders, so as not to break Barty's concentration..THE RAIN THAT HAD threatened to wash out the morning funeral finally rinsed the afternoon, but by nightfall the Oregon sky was clean and dry. From horizon to horizon spread an infinity of icy stars, and at the center of them hung a bright sickle moon as silver as steel..For a long time, she stood beside the bed, holding his hand, confident that on some level he was aware of her presence, though he gave no indication whatsoever that he knew she was there..As Celestina settled on the sofa with the phone in her lap, hesitating to dial until she worked up a bit more courage, Angel said to Tom, "So what happened to your face?".Hunched over his desk, leaning forward conspiratorially, his piggy eyes glittering like those of an ogre discussing his favorite recipe for cooking children, Nolly said, "I've been able to confirm your suspicions..He placed a hand on her shoulder. "Don't beat up on yourself She's come this far. And though I don't know the hospital in Oregon, I doubt the level of care would equal what she'll receive here..Junior hadn't paid attention to everyone who visited the pianist though surely he'd have noticed a certain stump in a cheap suit..In this case, he was sure that vanity was not a fault, not the result of a swollen ego, but merely healthy self-esteem. That he was irresistible to women wasn't simply his biased opinion, but an observable and undeniable fact, like gravity or the order in which the planets revolved around the sun..Intuition told Tom Vanadium that the removal of the paintings was significant, but he wasn't a talented enough Sherlock to leap immediately to the meaning of their absence..After taking a minute to steel himself, Junior squatted next to the dead detective.."I know what you mean. Mr. Cain, I'd never turn my back on that much money if there was any damn way at all I could earn it..After the detective returned the box to the nightstand, the coin began to turn again..At many houses, strings of Christmas lights painted patterns of color at the eaves, around the window frames, and along the porch railings-all so blurred by fog that Junior seemed to be moving through a dreamscape with Japanese lanterns..Assisted by Edom and Jacob, Agnes-in a wheelchair-was rolled across the grass, between the headstones, to her husband's final resting place. Although no longer in danger of renewed hemorrhaging, she was under doctor's orders to avoid strain..Choking fumes, blinding soot. A licking heat told him that slithering fire had followed the smoke up the stairs and now coiled perilously close in the murk..For her, the suspense that grew throughout dinner didn't have much to do with whether or not Wally would pop the question, because if he didn't broach the subject this time, she intended to take the initiative. Instead, Celestina was more tense about whether or not Wally expected that a heartfelt expression of commitment should be sufficient to induce her to sleep with him..Agnes was able to respond, Paul sprang up and moved away. Other friends knelt and crouched and bent to her, and she lost sight of the pharmacist as he moved off through the dispersing crowd..Once he had toured the exhibition, managing not to shudder openly, he tried to hang out within hearing distance of Celestina White, but without appearing to be listening with special intensity..The opening paragraph still lingered in his memory, because he had crafted it with great care: Greetings on this momentous day. I'm writing to you about an exceptional woman, Agnes Lampion, whose life you have touched without knowing, and whose story may interest you..In San Francisco, Seraphim Aethionema White lies beyond all hope of resuscitation. So beautiful and only sixteen..Each page comprised four columns of names and numbers, most with addresses. Approximately one hundred names filled each column, four hundred to a page..In that instant, she knew the dreadful shape of the future, if not its fine details..The sound-suppressor didn't render the pistol entirely silent, but the three soft reports, each like a quiet cough muffled by a hand, wouldn't have carried beyond the hallway..He shouldered past two counter waitresses, past the short-order cook who was working eggs and burgers and bacon on the open griddle and grill. Whatever expression wrenched Junior's face, it must have been intimidating, for without protest but with walled alarm, the employees squeezed aside to let him pass..A residual tension drained out of Junior. He was somewhat surprised that he had still been concerned about the song..Because Junior's right arm was encumbered by the bracing board and the intravenous needle, he tugged a mass of tissues from the box with his left hand..This wasn't the same Enoch Cain whom Vanadium had known three years ago in Spruce Hills. That man had been utterly ruthless but not a wild, raging animal, coldly determined but never obsessive. That Cain had been too calculating and too self-controlled to have been swept into the emotional frenzy required to produce this blood graffiti and to act out the symbolic mutilation of Bartholomew with a knife..evening. She brought her daughters, seven-year-old Bonita and six year-old Francesca, who came with their newest Barbie dolls-Color Magic Barbie, the Barbie Beautiful Blues Gift Set, Barbie's friends.He had noted all seven names on the bassinets, but he read them again. He sensed in their names-or in one of their names-the explanation for his seemingly mad perception of a looming threat..After tucking the flashlight under his belt, he grabbed the lip of the Dumpster with both hands. The metal was gritty, cold, and wet..and half rotten. She tore it. With the small scissors, she opened the shoulder seam from the inside..The odds against this phenomenal eleven-card draw must be millions to one, which seemed to give the predictions validity..The boy dashed for the front passenger's door. Agnes didn't follow him, because she knew that he would politely but pointedly express frustration if any attempt was made to help him with a task that he could perform himself..He did wonder why he had chosen this night of all nights to become even a more fearless adventurer, rather than a month ago or a month hence. Instinct told him that he'd felt the need to test himself, that a crisis was fast approaching, and that to be ready for it, he must be confident that he could do what had to be done when the crunch came. Slipping into sleep, Junior suspected that Prosser might have been less lark than preparation..A few minutes after dawn, in excellent weather, they flew out of Sacramento, bound for Eugene. Junior would have enjoyed the scenery if his face hadn't felt as if it were gripped by a score of white-hot pliers in the hands of the same evil trolls that had peopled all the fairy tales that his mother had ever told him when he was little.."Crafty men" is what they called wizards in those days..He had come to believe that every well-rounded, self-improved person ought to have a craft at which he excelled, and needlepoint appealed to him more than either pottery-making or decoupage. For pottery,

he would require a potter's wheel and a cumbersome kiln; and decoupage was too messy, with all the glue and lacquer. By December, he began his first project: a small pillowcase featuring a geometric border surrounding a quote from Caesar Zedd, "Humility is for losers.". A sudden cold breeze blew down out of the moon, bearing a faint alien scent, and the black boughs of the trees billowed and rustled like witches' skirts..And here, now, into the kitchen through a door with a porthole in the center. Into sizzle and clatter, into clouds of fried-onion fumes and the mouthwatering aromas of chicken fat and shoestring potatoes turning golden in deep wells of boiling cooking oil..The artist, six feet four and two hundred fifty pounds, looked markedly more dangerous in person than in his scary publicity photo. Still in his twenties, he had white hair that fell limp and straight to his shoulders. Dead-white skin. His deep-set eyes, as silver-gray as rain with an albino-pink undertone, had a predatory glint as chilling as that in the eyes of a panther. Terrible scars slashed his face, and red hash marks covered his big hands, as though he'd frequently defended himself barehanded against men armed with swords..Junior discovered more tears than could have been found in ten thousand onions. His wife and his unborn baby. He had been willing to sacrifice his beloved Naomi, but maybe he would have found the cost too high if he had known that he was also sacrificing his first-conceived child. This was too much. He was bereft..After a while, a voice broke the vacuum-perfect silence. Bob Chicane. His instructor..Here again were these peculiar grammatical constructions, which sometimes she had thought were just the mistakes that even a prodigy could be expected to make, and which sometimes she had interpreted as expressions of fanciful speculations, but which lately she had suspected were of a more complex-and perhaps darker-nature. Now her dread took form, and she wondered if the personality disorders that had shaped her brothers' lives could have roots not just in the abuse they had taken from their father, but also in a twisted genetic legacy that could manifest again in her son. In spite of his great gifts, Barty might be destined for a life limited by a psychological problem of a unique or at least different-nature, first suggested by these occasional conversations that seemed not fully coherent..To Edom, humanity was obviously not the greater of these two destructive forces. Men and women were part of nature, not above it, and their evil was, therefore, just one more example of nature's malignant intent. They had stopped debating this issue years ago, however, neither man conceding any credibility to the other's dogma..At the end of his fourth month, instead of in his seventh, he said "Mama," and clearly knew what it meant. He repeated it when he wanted to get her attention..December 1, 1958, in Chicago, Illinois, a parochial-school fire killed ninety-five..than the left: slack yet with a pulled look. The left eyelid drooped. That side of her.Agnes winced. Already, another contraction. Mild but so soon after the last. She clasped her hands around her immense belly and took slow, deep breaths until the pain passed..Victoria lived on the northeast edge of Spruce Hills, where streets petered into country lanes. Here the houses tended to be more rustic, built on larger and less formally landscaped lots than those closer to the center of town, and set back farther from the street..If this insurance payoff was not mere coincidence, if it was the wealth that had been foretold, then how far behind the fortune did the knave travel? Years? Months? Days?

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